

INFORMATION FOR SOPHOMORES

High School Graduation Requirements:

4 years of English (9th, 10th, 11th, 12th)
2 years of Math (Algebra 1 and Geometry)
3 years of Social Science
(World History 10th, US History 11th,
Government/Econ. 12th)
2 years of Science
(Physical Science *Chemistry* and
Biological Science*biology*)
1 year of Fine Art
1 Semester of Career Prep
1 Semester of Health
2 Years of Physical Education
220 Credits
CAHSEE
Fitness Test

A-G College Requirements

A. 2 years of History (1 of American History
and 1 of World History)
B. 4 years of English (College Prep)
C. 3 years of Math (Algebra 1, Geometry,
Algebra 2 +) *4 recommended*
D. 2 years of Science (Lab science: Biology
and Chemistry +) *3 recommended*
E. 2 years of Foreign Language (same
language) *3 recommended*
F. 1 year of Visual and Performing Arts
G. 1 year of a College Preparatory Elective

**ALL COLLEGE REQUIRED COURSES MUST
BE COMPLETED WITH A "C" GRADE OR
BETTER!**

*If a course is dropped after applying to
universities, you must notify each school.

NCAA Eligibility Standards for Collegiate Athletes

**16 Core-Course Rules
(Min 2.0 GPA)**

4 years of English (College Prep)
3 years of Math (Algebra 1 or
higher)
2 years of natural/physical science
(1 yr of lab science)
1 year of additional English, Math,
or natural/physical science.
2 years of social science
4 years of additional courses
(from any core area, foreign
language or non-doctrinal
religion/philosophy)

ACADEMIC

- ☞ Maintain focus → Strong English & Math skills prep you for acquiring a college degree quickly.
- ☞ Take CST exams in the spring seriously since scores are used for placement in AP and Honors courses.
- ☞ Maintain strong grades → "D" grades do not meet A-G requirements and a "C" can't be made up!
- ☞ Take challenging courses that satisfy the A-G college admission requirements.
- ☞ Don't sink, seek help → attend tutoring and talk with your teachers

PERSONAL/SOCIAL

- ☞ If personal issues are getting in the way of your success, see your counselor for resources that can help.
- ☞ Involvement in extracurricular and community service activities is very important.

CAREER

- ☞ Explore EXTENSIVE resources related to career exploration and planning
www.californiacareers.info www.cacareerzone.org
www.mappingyourfuture.org www.whodouwant2b.com

COLLEGE

College Exploration

www.collegeweeklive.com (Online College Fair) www.trade-schools.net www.artschools.com
www.mappingyourfuture.org (Career/College Planning, FAFSA, etc.) www.assist.org (explore majors)
www.californiacolleges.edu www.csumentor.edu (CSU) www.ucop.edu (UC) www.glendale.edu

Testing

- ☞ Sophomores take the California High School Exit Exam (CAHSEE) in March.
- ☞ Plan on taking the PSAT in October of your Junior year.
- ☞ SAT/ACT is necessary to be eligible to apply to 4 yr colleges & Community College Scholars programs. Plan on taking the SAT/ACT Spring semester of your Junior year.

SAT Reasoning Test: www.collegeboard.com

* SAT II subject exams are required for some colleges. Research the colleges you want to attend.

ACT Test: www.actstudent.org

*When registering for the ACT, don't forget to sign up for the writing portion.

College Athletics

College Athletics

- ☞ If planning on playing collegiate sports in college, you must apply with the NCAA at the end of your junior year. Check all course work and be sure you have all 16 core courses.
<https://web1.ncaa.org/eligibilitycenter/> <http://eligibilitycenter.org/>