

PETER NAVOLANIC

To Pat Navolanic Memorial Award candidates,

I'd like to thank you for your interest and participation in this year's PNMA award. I look forward to the award assembly each year, as I'm always inspired by each of the finalist's remarkable achievements at Glendale High School. As you may know, the assembly has become a tradition for some members of the class of 1963 to get together to renew old friendships. I think more than anything else, the whole process has become an opportunity to celebrate the relationships we have all enjoyed in high school, and especially those wonderful relationships resulting from the classroom, the athletic field, and the opportunities in leadership and community service. What a wonderful legacy of my brother's life.

I look forward to meeting you at the assembly and congratulations on your contributions to your fellow students, your school and your community.

Best wishes,

A handwritten signature in black ink, appearing to read "Peter Navolanic". The signature is fluid and cursive, with a large initial "P" and "N".

Dr. Peter Navolanic



The Pat Navolanic Memorial Award Scholarship Application

A Legacy of Excellence

Glendale High School 1440 E. Broadway Glendale, CA 91205
(818) 242-3161 ext. 1156 Fax- (818) 244-6309

National Honor Society Advisor
Holly Ciotti

PNMA Advisors
Pat and Mike Lancaster

Name _____ Student ID# _____

Address _____

City _____ Zip _____

Home phone () _____

Cell phone () _____

Your e-mail _____

Cumulative weighted high school GPA (through the end of 1st semester senior year) _____

Class rank if in Top 20 _____

By May 2010, how many CIF varsity athletic letters will you have earned at GHS? _____

Who is speaking on your behalf at the PNMA assembly?:

Your speaker's contact information:

Home phone () _____ or

Cell phone () _____

Speaker's e-mail address: _____

Speakers are **REQUIRED** to attend the PNMA Assembly run-through after school on Monday, May 17, 2010.

Name/artist of your PNMA assembly song:

You can include this song on a CD or CD-R with your application or give us the artist and title and we will download it for you.

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Dates to Remember:

Applications due: Fri., March 19

Selection Saturday: Sat., April 17

PNMA Assembly Run-through: Mon., May 17

PNMA Double Assembly: Fri., May 21

The Pat Navolanic Memorial Award is the most prestigious award that can be bestowed on a Glendale High School senior. In order to be considered for the award you must turn in the completed application, pictures, song, speaker's name and rough draft of the speech about you to Mr. Lancaster in room 6110 (formerly E156) no later than **Friday, March 19, 2010** by the end of lunch.

All completed applications will be subject to an exhaustive administrative disciplinary review (including faculty comment and grade point average confirmation). Any major infractions (including but not limited to cheating, excessive F's or U's, excessive detention) are grounds for rejecting the application. Furthermore, any accomplishments listed on the application found to be false or exaggerated will be grounds for rejection of the application.

All applications will be evaluated and applicants that meet the minimum requirements will move on to the next level, becoming PNMA Semi-Finalists. PNMA Semi-Finalists will be interviewed by the PNMA Selection Committee on **Saturday, April 17, 2010**. It is at this meeting that the finalists and winner will be selected by a vote of students representing almost every club, organization and sport on campus. Each page of your application starting with the question and answer section will be photocopied and given to the "Selection Saturday" voters for review purposes.

Detailed information about "Selection Saturday" (**Saturday, April 17, 2010**), the PNMA assembly run-through (**Monday, May 11, 2010**), and the PNMA double assembly (**Friday, May 21, 2010**) will be e-mailed to you at a later date. During this process you and your speaker should check your e-mail regularly.

Please use the following steps when completing your application:

STEP 1:

Completely fill out the application. The deadline is **Friday, March 21, 2010** by the end of lunch in room E156. Please note that there are places in the application that you need to have an adult verify your information.

STEP 2:

Use an envelope to hold at least 25 pictures of yourself from various ages for the assembly slide show. We will scan these images and return them to you at the assembly run-through on **Monday, May 17, 2010**. The purpose of the slide show is to allow the audience to watch you grow up in front of their eyes. It should not be 20 pictures of you in your high school years. When selecting photographs...

*DO have baby pictures and pictures from the different stages of your life

*DO have pictures of you with your family members (don't forget your grandparents!)

*DO have pictures of you at GHS and in GHS activities

*DO NOT put pictures of you together with large groups of friends

(the image will only be on the screen at the assembly for two seconds and we want the audience to be able to pick you out quickly.)

*DO NOT select pictures that are out of focus, blurry or too dark

*DO NOT select a dozen pictures of you with the same person. Show a variety of friends.

STEP 3:

Select a song.

Please select an appropriate song to be played during the slide show. About two minutes of your song will be played during the assembly. We can download your song for you if you don't have it on a CD-R. If there is more than one song on your CD-R, indicate on the CD-R which track is your choice. At the end of this application you will find a long list of song suggestions. You are free to pick any song you want whether it's on this list or not. These titles are just some ideas to get you thinking.

STEP 4:

Select a speaker to introduce you at the assembly.

Your speaker will be reading a 60-second biographical speech about you. The speech, which is to be written by you and/or your friend, should include your achievements in academics (GPA), leadership, community service, athletics, and involvement in on-campus activities. In short, it should explain to the audience why you are a finalist for this award.

STEP 5:

Place your completed application, photos, CD-R (if available) and speech rough draft in an envelope and return to Mr. Lancaster in room 6110 (formerly E156). Examples of past speeches are enclosed.

Any questions, please e-mail Mr. Lancaster at plancaster@gusd.net

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*The Pat Navolan Memorial Award Scholarship Application
Question and Answer Page*

Name _____

Please complete the following:

1. What do you think makes Glendale High School special?

2. How have you made Glendale High School a better place?

3. If you could write your own law, what would it be? What would you outlaw?

4. Who is your hero and why?

5. What would people be surprised to learn about you?

6. What advice would you give to incoming 9th graders to make their high school experience more successful?

End of Question and Answer Page

The Pat Navolan Memorial Award Scholarship Application

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What is your favorite inspirational quote?

THE NAVOLANIC LEGACY

Pat Navolanic excelled in academics, leadership, community service, athletics and involvement in on-campus activities. He is remembered for his impeccable integrity, honesty, character, personal drive, and charisma. Each year the Pat Navolanic Memorial Award recognizes current seniors that have demonstrated the characteristics that made Pat Navolanic so significant. Applicants will be judged in the categories in the "Achievements" section of the application and will participate in a group interview with the PNMA Selection Committee on "Selection Saturday." This interview gives members a first-hand look at your poise and maturity and your ability to speak in front of a large group and answer questions on the spot. It plays a major part in the selection of the finalists and the winner.

For the Selection Committee to know all they need to know about you, it is imperative that you be as specific and detailed as possible when listing your various accomplishments. For example, don't just say that you are on a sports team when you are an all-area, all-league or all-CIF player on that team. List your accomplishments on that team. Don't just say that you are a member of a club when you are an officer or were in charge of club projects.

ACHIEVEMENTS

Please complete the following:

Use additional pieces of paper if needed and be sure to have an adult in charge of your activity verify your participation.

1. GRADE POINT AVERAGE through the end of first semester of senior year:

_____ (minimum requirement: cumulative 3.50 weighted GPA.)

List any awards, scholarships or other recognition you have received while attending GHS. Examples: Scholar Athlete, Honor Roll, CSF, PTSA recognition, National Merit Semi-Finalist or Finalist, Student of the Month, Most Likely To Succeed. Are you a member in good standing of the National Honor Society (NHS)?

2. LEADERSHIP

Guideline:

A person with leadership experience has

- * generated ideas to solve problems or achieve goals,
- * delegated responsibility to others,
- * taken responsibility for the ultimate success or failure of projects,
- * used authority to make decisions,
- * motivated others.

List the leadership roles you have taken on at Glendale High School. What clubs or groups have you been an elected or appointed officer? Were/are you a team captain?

3. COMMUNITY SERVICE (minimum requirement: 50 hours in your four years at GHS)

List community service performed and number of hours served from grades 9 through 12 only. Have the adult advisor initial each entry or provide a contact number where service hours can be verified.

There is a difference between “volunteering” and performing “community service.”

Examples of what is NOT considered “community service”:

Babysitting (paid or not), grading papers (paid or not), setting up for the middle school track meet, working for an individual teacher (or teachers) (paid or not), anything that benefits a for-profit business or individual employer (paid or not).

Ideally, an excellent PNMA candidate has QUALITY hours in a VARIETY of settings. You may use a separate piece of paper if necessary.

Activities (number of hours) Grade Level in which you performed the service and contact person

Example: volunteered 12 hours at Glendale Memorial Hospital, 9th, 10th. Harriet Chambers, director of community outreach - 818-555-1212

Example: President of church beach clean up project - 3 weekends, 12 hours, 11th. John Morrison, youth pastor at St. Luke’s Church - 818-555-1212

Quick reference: Approximately how many community service hours have you performed 9th-12th? _____

4. ATHLETICS (minimum requirement: Be on at least one GHS CIF-sanctioned varsity sports team.)

Please list your involvement in athletics and indicate any leadership positions, awards, or honors. Include achievements from grades 9 through 12 only. Be as detailed as possible. Have the adult advisor/coach verify each entry by an initial.

Examples:

Varsity Football team member - 10th, 11th, 12th

Varsity Football- 12th grade- Most Improved Player Award, team captain, second team all-league team,

Varsity Track and Field team member- 11th-12th

Varsity Track and Field - 11th grade- 4th place in the league finals (100m)- 12th grade, 2nd place in league, CIF qualifier- 100m

Quick reference: How many athletic letters have you earned in CIF-sanctioned varsity sports at GHS? _____

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5. INVOLVEMENT IN ON-CAMPUS ACTIVITIES

Please list your involvement in each on-campus activity and indicate any leadership positions, awards, or honors. Include achievements from grades 9 through 12 only. Have the adult advisor initial each entry. Examples of on-campus activities include: A Cappella Choir, drama productions, marching band, drill team, cheerleading, yearbook, newspaper, Scholastic Bowl, Link Crew, Oratorical, variety show, clubs, class council, student committees.

Activities	Grade Level
Example: Oratorical Tableau participant,	11th
Example: KEY Club member,	10th-12th
Example: French Club vice-president,	12th
Example: Drill team member,	9th, 10th, 11th, captain, 12th

Authorization
Authorization- Who can we contact
to verify your information?

Quick reference: In your four years at GHS how many clubs have you been in? _____

You Are Finished. PNMA Assembly Introduction (AKA your friend's speech before your slide show) information follows on the next page.

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Your PNMA Assembly Introduction (AKA your friend's speech before your slide show)

The purpose of the assembly speech is to introduce you to alumni and other dignitaries in attendance as well as many students that may not know all of your accomplishments. Introductions should run approximately 60 seconds. Here are two examples of excellent PNMA Assembly introductions:

From 2007:

Gaming Li Introduction by Christine Thang

Hi, my name is Christine Thang, and I am here to speak on behalf of my friend, the always-smiling PNMA finalist, Gaming Li. I can't say that I have known Gaming all my life, but for the six years that I have, not a single day goes by without a friendly smile or a genuine greeting from him. Gaming encompasses the Pat Navolanic spirit that makes him the embodiment of academic excellence, community service, leadership, and athleticism.

Even in junior high, where grades were merely a stepping-stone to move from one grade level to the next, Gaming strived to do his very best. As a freshman, Gaming joined ASB ready to spread his spirit and enthusiasm, bypassing that awkward transition stage as an underclassman. Voted "Friendliest," "Most Likely to Succeed," and "Most Spirited," Gaming lives and breathes the true high school experience.

I can tell you that Gaming stands along side these other finalists for the same reasons that he has a high GPA, numerous volunteer hours, a laundry list of clubs, and is an amazing athlete, but there is so much more to Gaming than what meets the eye. Take away his grades, and Gaming is still a success; forget about his hours of community service, and Gaming is still compassionate; take away running and pole-vaulting, and he's still driven and determined. No matter what, Gaming is what he is... a great person. You can't help but smile around him.

Leading 600 students on their path to graduation is a feat in and of itself, and yet Gaming has been able to do so while maintaining his self-composure and being true to himself.

I am glad to join Gaming next year at UCLA. When we're doing the eight-clap together next year, Gaming, you just remember the times when you led the entire senior class in the yell-offs. There is no end to the success you'll attain in the future so rather than wish you luck that you don't need, I'll ask you to cherish this moment because it is truly all for you. We are all so proud of you, Gaming.

From 2005:

Ray De Mesa Introduction by Kevin Phan

Hi, my name is Kevin Phan, and I'm here to speak for my friend, Ray De Mesa.

Now, it was at an early age that Ray first revealed his potential for greatness. Spending most of his early life in front of the TV, he often dreamt of becoming the next Professor X, or the fifth ninja turtle, so he could single-handedly save the world. This desire to help others would stay with him to this very day.

Today, he is not much taller, but he has grown in so many other ways. His high school career is marked with everything that would characterize an outstanding student. He's up here for the same reasons that all the other nominees are: a 4.0 plus GPA, countless hours of community service, captain of the swim team, co-founder of JSA, editor-in-chief of the Explosion, blah, blah... he's a great student. But more than that, he's a great person. I'd be hard-pressed to find another as confident, as focused, as substantial as my friend Ray. When he laughs, he really laughs, and though I'm sure he'd never admit it, he's a really thoughtful, compassionate guy. I think he'd take a bullet for us.

Having said that, there's no need to explain why we're gonna be really sorry to see you go off to New York. But they say that, when kept in a fishbowl, a goldfish can't grow; only when put into a lake can it grow to its fullest extent. I guess Glendale's not a big enough bowl for you.

So when you get on that plane in a few months, I'd wish you luck, but the truth is, you don't need it. Because whatever you do, I know you'll be a success. You're gonna be missed.

List of songs:

The choice of a song for your slide show is a highly personal one. Here is a list of song suggestions that may get you thinking. You may pick any song you want whether it's on this list or not. Download some of these and give them a listen.

The Way I Am (Ingrid Michaelson)
With My Own Two Hands (Jack Johnson with Ben Harper)
Suddenly I See (KT Tunstall)
That Thing You Do (The Wonders)
Walking On Sunshine (Katrina and the Waves)
I'm Not a Girl, Not Yet a Woman (Britney Spears)
True Colors (Cyndi Lauper)
The Reason (Hoobastank)
I Will Remember You (Sarah McLachlan)
Waiting On the World To Change (John Mayer)
Bubbly (Colbie Caillat)
The Anthem (Good Charlotte)
Angel (Sarah McLachlan)
This Used to Be My Playground (Madonna)
I Will (The Beatles)
Shining Star (Earth, Wind and Fire)
Perfect Day (Hoku from the "Legally Blonde" Soundtrack)
Baby Mine (Alison Krauss)
Ain't No Mountain High Enough (Diana Ross)
That Lady (Isley Brothers)
Kryptonite (3 Doors Down)
Ob-La-Di, Ob-La-Da (The Beatles)
In My Life (The Beatles)
Where Everybody Knows Your Name (Theme from Cheers)
I Will Be There For You -- Theme from Friends (The Rembrandts)
You're My Best Friend (Queen)
Music Box (Mariah Carey)
My Wish (Rascal Flatts)
Move Along (The All-American Rejects)
Viva La Vida (Coldplay)
Don't Stop Believing (Journey)
You Raised Me Up (Josh Grobin)
Do You Believe In Magic (The Lovin' Spoonful)
You Gotta Be (Des'ree)
Kiss Me (Sixpence None The Richer)
The Long and Winding Road (The Beatles)
Daydream Believer (The Monkees)
Express Yourself (Madonna)
Here Comes The Sun (The Beatles)
You've Got a Friend (James Taylor)
I Don't Want to Miss a Thing (Aerosmith)
Daughters (John Mayer)
Imagine (John Lennon)
Amazed (Lonestar)
Take a Bow (Madonna)
I Hope You Dance (Lee Ann Womack)
Just The Way You Are (Billy Joel)
Unwritten (Natasha Bedingfield)
Iris (The Goo Goo Dolls)
Little Wonders (Rob Thomas)
The World's Greatest (R. Kelly)
I Just Want to Celebrate (Rare Earth)
Somewhere Over the Rainbow (Judy Garland from "The Wizard of Oz")
Wannabe (Spice Girls)
I Saw Her Standing There (The Beatles)
What I Like About You (The Romantics)
Angel of Mine (Monica)
A Moment Like This (Kelly Clarkson)
My Girl (The Temptations)
Twist and Shout (The Beatles)
Best of My Love (The Emotions)